

GLOVE SIZING GUIDE

IS GLOVE SIZE IMPORTANT?

A proper fit is extremely important in choosing hand protection gloves. An uncomfortable fit causes hand fatigue, unproductive and may lead to a potential work-place hazard.

Glove Size	Hand		Gloves
	Palm Circumference	Length	Minimum Length
6	152	160	220
7	178	170	230
8	203	182	240
9	229	192	250
10	254	204	260
11	279	215	270

HOW TO MEASURE?

Lay your dominant hand flat, fingers together, palm facing upwards. Wrap the measuring tape around your palm, just below the knuckles, not including the thumb. Length is measured from the bottom of the palm (where meet your wrist) to the top of the middle finger.

